

### **FUSION News**

May 2024



### HOT LUNCH

Round 6 Ordering Opened April 29 and Closes May 10. To order, open or create your account, visit our website.

May 3 – Quiznos	May 10 – Sams	May 16 – Dairy Queen	May 31 – Gr.9 Marketplace	
Booster Juice:	Wednesday, May 1	Tuesday, May 14	Wednesday, May 22	

### KINDERGARTEN CELEBRATION PHOTOS

Kindergarten grad picture day for Mme Barb's and Mme Taygan's is May 6 & 7.

### **UPCOMING MEETINGS**

School Council: Monday, May 27 at 6:30 pm Meetings will be held in person in the library learning commons and virtually. Links can be found on our website calendar.

### PAT's

Grade 6 & 9 students are scheduled to write their "Part A" PAT's on May 13 & 15. Links for the current PAT schedule can be found on the <u>website calendar</u>.

### MARKET PLACE

Marketplace will be held on May 29-31. Tickets for food prepared by our Grade 9 students as part of a cross curriculum project will be available for purchase on your PowerSchool Parent Portal beginning May 13. Please note, May 29, 30 & 31 ticket sales close daily at 8 am.

All proceeds go to the Grade 9 Farewell. Thank you all for your support!

### STUDENT ABSENCES

We ask parents to always let us know when their child is going to be absent and the reason. For your convenience, you can do this by emailing the school at <u>broxton@psd.ca</u>. Alternatively, you may also call the main office.

### SCHOOL FEES

Please be sure to log into your <u>PowerSchool Parent Portal</u> and make sure any outstanding fees are paid so that your child can continue to enjoy participating in things like field trips, options, and extra-curricular activities. Thank you!

### NO SCHOOL

Friday, May 17 is a PD Day for staff, and Monday, May 20 is the Victoria Day holiday. Enjoy the long weekend, here's hoping for sunshine and warm weather!

### TRACK & FIELD

Jr. high Track & Field will take place on May 7 at SGCHS. If the weather does not cooperate, we will reschedule May 9. Qualifying athletes will have the opportunity to attend the Zone Track Meet on May 22.

### SUMMER SCHOOL AT CFL

Parkland School Division is offering French Immersion literacy and numeracy summer school opportunities for students entering grades 2-6 in September 2024. For more information and to register, please visit the <u>Connections for Learning homepage</u>.

### ATHELICS

The following calendar has information on the sports events in our school. Please note that the dates and times sometimes change and any short notice changes will be communicated to your child by their coach. For more info on try-outs, practices and games scheduling, please see our <u>website calendar</u>.

May 2024					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
			1 Vball Spring League 3:15pm-4:45pm Soccer Blue Game @Greystone 4pm	2 Jr Badminton Practice 3:15-4:30pm Soccer Yellow Game @Greystone 4:15pm	3
5	<b>b</b> Badminton Finals Soccer Blue - Practice 3:15-4:45pm	<b>7</b> Badminton Finals Jr High Track - ALL DAY Soccer Yellow Game @Greystone 4pm	8 Vball Spring League 3:15pm-4:45pm Badminton Finals Soccer Blue Game @Greystone 4pm	<b>9</b> Badminton Finals Soccer Yellow Practice 3:15-4:45pm	10
12	<b>13</b> Soccer Blue - Practice 3:15-4:45pm	<b>14</b> Basketball Spring League 3:15-4:45 Soccer Yellow Game @Greystone 4pm	15 Soccer Blue Game @Greyston 4pm	<b>16</b> Soccer Yellow Practice 3:15-4:45pm	17
19	<b>20</b> Soccer Blue - Practice 3:15-4:45pm	<b>21</b> Basketball Spring League 3:15-4:45 Soccer Yellow Game @Westview 4pm	22 Zones jr high Track meet - ALL DAY Soccer Blue Game @Greystone 4pm	<b>23</b> Soccer Yellow Practice 3:15-4:45pm	24
26	<b>27</b> Soccer Blue - Practice 3:15-4:45pm	28 Basketball Spring League 3:15-4:45 Soccer Yellow Game @Westview 4pm	<b>29</b> Soccer Blue Game @Greystone 4pm	<b>30</b> Soccer Yellow Practice 3:15-4:45pm	<b>31</b> Divisionals jr high Track meet - ALL DAY

#### MUSIC NEWS

- May 6 at 6 pm: Revenge of the Sixth, space themed instrumental music concert. Open to all Broxton Families.
  May 9 and May 10 at 6 pm: Willy Wonka Kids. Contact the office to purchase tickets. \$10 each, limited
- May 9 and May 10 at 6 pm: Willy Wonka Kids. Contact the office to purchase tickets. \$10 each, limited number remaining.



#### CURLY HAIR DAY

On May 2 we encourage staff & students to embrace your curls in support of one of our students, Jordan, and others who are living with GAN.

Curly Hair Day!

On May 2, we're wearing our hair curly to raise awareness for a life limiting rare disease called GAN, our very own Jordan Gagnon has GAN #curlyhairday

### That sounds like fun, how can I help?

 Mark your calendars! May 2nd is the day!
 Start thinking about your curly method, how will you style your hair on the day?
 Then show us how curly you can get on May 2nd by sharing your curls on socials with the tag #curlyhairday, feel free to also tag
 @goingwiththegagnons and
 @hannahshopeforgan



To learn more about GAN and how you can help, please visit www.hannahshopefund.org Hi my name is Jordan and I have these beautiful luscious curls because I have GAN. Curly/kinky is a characteristic that is a common characteristic in people diagnosed with GAN!

May 2nd

GAN short for Giant Axonal Neuropathy is a terrible disorder that currently has no cure and slowly takes away the childs every function until eventually taking their life.





Link to survey - https://broxtonpark.psd.ca/home/news/post/ecole-broxton-park-share-a-thought

# SHARE A THOUGHT

École Broxton Park School and Parkland School Division rely on stakeholder feedback to learn and improve for the benefit of students, families, staff and the community.

# Scan the QR code to share your thoughts!

USE YOUR PHONE'S CAMERA OR A QR CODE READER APP.



For more information, please contact the school at broxton@psd.ca or 780-962-0212.

# **MAY + JUNE** PARENT LEARNING OPPORTUNITIES



Spring is a time for growth, learning, and exploration.. With the longer days and warmer weather, there's a natural inclination to step outside, try new activities, and set new intentions. Whether it's picking up a new hobby like outdoor sports or enrolling in a course,

### spring symbolizes a fresh start.

:) Mme Macy, School Counsellor

## PSD

- Having a hard time getting your teen to school? Consider attending <u>this session</u> at Westview School on May 9th.
- Check out the latest Stronger Families session: <u>Stress, Trauma,</u> <u>and Addiction, on April 29th</u>

### APFA

- Stony Plain's APFA is hosting a session for parents dealing with tricky behaviors on <u>May 2nd</u> and free yoga on <u>May 21st</u>.
- if you have a child with special needs, their siblings may benefit from joining the <u>SibShops social</u> <u>group</u>

## AHS

 Does your teen struggle with exam anxiety? avoidance? managing their reactions? Check out Alberta Health Services <u>catalogue for free online sessions</u> this May and June.

# ADDITUDE MAG

- Does your tween or teen boy struggle to make friends? Consider registering <u>for this free webinar</u> on May 28th for some tips and tricks.
- Do you have a daughter with ADHD? Check out <u>"The Emotional</u> <u>Lives of Girls with ADHD"</u> for some extra insight.

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### PARKLAND SCHOOL DIVISION

A monthly newsletter with information to help you and your family navigate your child's educational journey.

#### **MAY 2024**

### What's Inside.?

Upcoming Sessions	#2
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Food Resources	#8

#### Mental Health Awareness Month

Mental health encompasses our emotional, psychological, and social wellbeing. It affects how we think, feel, and act, shaping every aspect of our lives, from relationships to work and beyond. Mental health is a vital component of overall well-being, influencing how we interact with the world around us. Visit www.mentalhealthweek.ca



Every year CMHA dedicates a week in May to raise the awareness of Mental Health. This year Mental Health Week will run **May 6-10**, and Hats On! for Mental Health Day will take place on **May 8**. Albertans are invited to wear a hat to raise awareness of the importance of good mental health. Participating schools will encourage students and teachers to build understanding by wearing hats to school. Students will also participate in a coordinated lesson on understanding mental health and the importance of removing the stigma associated with mental illnesses. Click on the image for more details!!



Date and Time: May 8, from 7:00 PM to 8:30 PM Location: Starbucks, 3011 43 Ave, Stony Plain, AB

Join for a special Mental Health Week event, promoting the healing power of compassion through the artful storytelling of poetry with the Parkland Poet's Society. Click on the image for more information.

Together, let's navigate the journey of mental health awareness, fostering empathy, resilience, and a culture of support.

### TRONGER TOGETHER NEWSLETTER

**Strong Families: Stress, Trauma and Addictions** 

In our upcoming session, we will be joined by professional counselor Jenn Banas, who will walk participants through the nature of trauma, how it can manifest in the brain and our behaviors. You'll discover how unprocessed trauma, which includes attachment trauma, can predispose children to addictive behaviors. You may attend this session virtually over Zoom OR in- person (Links will be sent on the day of the event.) click on the links to access more information.

Location: PSD- Centre for Education office (4603 48 Street in Stony Plain) .

Date & Time: Mon, Apr 29, 2024 6:30 PM - 8:00 PM MDT

### **Strong Families: Healthy Living Across the Lifespan**

We will be joined by Cathy Traynor, Health and Wellness Facilitator at Parkland School Division, to explore strategies and approaches to support healthy living across the lifespan and learn to prioritize nutritious eating, emphasize the importance of active living and regular physical activity and to limit sedentary activities. The session will also talk about the importance of sleep and setting routines and being a positive role model to create an environment that promotes a positive wellbeing.

Location: PSD- Centre for Education office (4603 48 Street in Stony Plain).

Date & Time: Mon, May 07, 2024 6:30 PM - 8:00 PM MDT

### PSD Family Session: New to ASD & Community Supports

Join Joel Pukalo, Psychologist, as he provides information on Autism. Whether your child has a new diagnosis or you are wanting to gather more information and have questions, he is ready to support. You will also learn about next steps and resources available. This is a free Parkland School Division Family Session. If you have any questions, please contact Early Childhood Services at **780-963-8429**.

Location: Family Connection Centre, 5600 50 Street, Stony Plain.

Date & Time: April 26 @ 9:00 am - 10:30 am







#### STRONGER TOGETHER NEWSLETTER



Calling All Teens! Explore Art with Acrylics Workshop! Unleash your creativity in this hands-on workshop! Dive into the world of acrylic painting with step-by-step guidance. No experience needed! Ages 13-17. Limited spots available, sign up today!

Click on the image to register online!!



Looking for summer fun? Check out Spruce Grove's Adventure Camps! From outdoor exploration to arts and crafts, there's something for everyone.

Click on the image for more details!!



- ⇒ Discover an amazing summer at TLC! Fun, adventure, and friendship await with our caring staff. From crafts to games, it's a summer they'll love!
- Registration: March 19 for MEMBERS, March 21 for NON-MEMBERS. Camps for ages 3-11, with swimming and skating days! Click on the image for morfe details and registration.





Counselling Program - Spruce Grove's Community Social Development (CSD) supports the emotional and mental well-being of Spruce Grove and Parkland County Residents aged 14+ through counselling supports. The City of Spruce Grove employs a Community Counsellor who provides free single-session counselling which is a time-limited model focused on addressing specific issues or goals within a relatively brief period. Services are provided primarily through appointments within the Spruce Grove CSD office, but walk-in services may be available depending on counsellor availability. Call 780-962-7618 for more details !!



Join Stony Plain Public Library every Thursday from January 11th to May 30th, 3:30-4:30pm, for Laughter Club! It's a free, drop-in event led by a therapeutic laughter coach. Laughing not only reduces stress but also offers numerous physical health benefits. Come for a fun time and meet new people while improving mental and physical well-being!

### STRONGER TOGETHER NEWSLETTER MOOSE HIDE CAMPAIGN DAY OUTLOUG TAKE ACTION 🔶 MAY 16, 2024 **2SLGBTQ+ TALKING CIRCLE** 101 WANT TO LEARN ABOUT INCLUSIVITY BUT DON'T KNOW WHERE TO START? Theme: Moose Hide Campaign COME SPEND AN EVENING WITH THE OUTLOUD FOUNDATION TO LEARN ABOUT PRONOUNS, WHAT TO DO WHEN PEOPLE COME OUT, AND WHAT ALL THOSE LETTERS MEAN! TUESDAY, MAY 21ST local Elder. SPRUCE GROVE PUBLIC LIBRARY SCAN SCAN QR CODE TO REGISTER STONY STONY Albeda Parenting Publick



Register online or call: 780-727-3947 www.parklandcounty.com/ redcrossprograms





# SPRUCE GROVE COMMUNITY-WIDE **CLEAN UP REE PLANTING** CE GRO

Register at sprucegrove.org/SpruceUpSpruceGrove



Discover expert strategies for navigating children through grief with compassion and confidence.

Explore developmental stages, communication techniques, and collaborative approaches with experienced counselors.

Elevate your support skills and make a lasting difference. Registration available online!



### **NEED HELP WITH YOUR TAXES?**

Free tax returns for eligible, low-income residents through the virtual Community Volunteer Income Tax Program

Spruce GROVE Sparkland

sprucegrove.org/IncomeTaxProgram

Dive into a wealth of workshops tailored for students and educators, covering leadership, mental wellness, and more. Explore practical tools and strategies to unlock your full potential. Don't miss out - visit Be Empowered.





### STRONGER TOGETHER NEWSLETTER

Spruce Grove Public	Μ	ay	2	0	24
Library		-/	177		T (

35 Fifth Avenue Spruce Grove, AB T7X 2C5 780-962-4423 • library@sgpl.ca • www.sgpl.ca SpruceGroveLibrary Sg\_library SGPL Library SpruceGroveLibrary

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
* = Registered/ In-person program ** = Registered/ Online program			] Community Craft (while supplies last) Architects Crew 4-5pm Computer Classes 6-7:30pm	2 Toddler Time 10:30-11:00am Author Presentation by Judy I. Lin 4-5pm	3 Indigenous Story Telling 10:30-11am Poetry 'n Prose 1-2:30pm	4 COMIC CON 10am-3pm (see sgpl.ca for full schedule of events)
5 MMIP Walk 10am-1pm Connecting Threads 1-4pm	6	7 Family Storytime 10:30-11am Tick Tock Time 10:30-11:30am Tech Savvy Seniors: 2 sessions 10am & 12pm D&D Special Event 5:30-7:30pm	8 Computer Classes 6-7:30pm Convo Cree 6:30-7:30pm	9 Toddler Time 10:30-11:00am Interactive Speaking 6-3pm Pyjama Storytime 6:30-7pm Becoming Conscious Allies: 2SLGBTQ+ Inclusion 6:30-8pm	() Indigenous Story Telling 10:30-11am Teen Takeover 3-5pm	 Minecraft Mania! 1-3pm
12 Connecting Threads 1-4pm	13	4 Family Storytime 10:30-11am Tick Tock Time 10:30-11:30am Tech Savvy Seniors: 2 sessions 10am & 12pm Pokémon Club 6:30-7:30pm	5 Cryptid Club 4-5pm Computer Classes 6-7:30pm	6 Toddler Time 10:30-11:00am Interactive Speaking 6-8pm Talking Circle: Moose Hide Campaign Day 5:30-8:00pm	7 Indigenous Story Telling 10:30-11am Poetry 'n Prose 1-2:30pm Teen Takeover 3-5pm Craft-Tea Days 3:30-4:15pm	18
9 Connecting Threads 1-4pm Medieval Arms & Armour 1-2:30pm	20 VICTORIA DAY	2   Family Storytime 10:30-11am Tick Tock Time 10:30-11:30am Tech Savvy Seniors: 2 sessions 10am & 12pm 2SLGBTQ+ 101 6-7pm	22 Computer Classes 6-7:30pm	23 Toddler Time 10:30-11:00am Interactive Speaking 6-8pm	24 Teen Takeover 3-5pm	25 Comic Con Join <sup>us on</sup> May <sup>A</sup> , Join <sup>us on</sup> May <sup>A</sup> , Book
26 Connecting Threads 1-4pm	27	28 Family Storytime 10:30-11am Tick Tock Time 10:30-11:30am Tech Savvy Seniors: 2 sessions 10am & 12pm Let's Play Roblox 6-7:30pm	29 Full STEAM Ahead: Electrical Innards 4-5pm Computer Classes 6-7:30pm	30 Interactive Speaking 6-8pm*	3   T.A.C.O.S. 4-5pm * NERF Battle Royale 6:30-7:30pm	2024 Comic De Free Day

### STRONGER TOGETHER NEWSLETTER

### MAY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 Food for the Soul - 49 Boulder Blvd, Stony Plain 10-1pm drop in for bagged lunch
5	6	7 Auggie's Café - 131 Church Rd. Spruce Grove 11-1pm Drop in for take out bagged lunch		9	10 Grace's Table - 250 Century Rd. Spruce Grove 5-6:30pm hot meal to go for pick up. *need to register by noon on the Monday before. Call 780-962- 4700 or www.sgac.net/eventregi stration	11
12	13	<b>14</b> Auggie's Café - 131 Church Rd. Spruce Grove 11-1pm Drop in for take out bagged lunch		16	17	<b>18</b> Food for the Soul - 49 Boulder Blvd. Stony Plain 10-1pm drop in for bagged lunch
19	20	21 Auggie's Café - 131 Church Rd. Spruce Grove 11-1pm Drop in for take out bagged lunch		23	24	25
26	27	28 Auggie's Café - 131 Church Rd. Spruce Grove Drop in for take out bagged lunch		30	31 Community Table - 180 Century Rd. Spruce Grove 5- 6:30pm hot meal to go for pick up. *need to register by calling 780- 962-5611 or www.sgcconline.breezecc hms.com/forms/commun itytable	

### **Contact Us for more details:**

Fristy Thomas	Nicole Toma
Division Family Support	Division Family Support
Coordinator	Coordinator
e: fristy.thomas@psd.ca	e: nicole.toma@psd.ca
p: 780-819-9607	p: 780-9 <mark>63-8412</mark>