



# FUSION News

## November 2024



### UPCOMING MEETINGS

FIMESPAF: Wednesday, December 4 at 6:00 pm      School Council: Wednesday, December 4 at 6:30 pm  
Meetings will be held in person in the learning commons and virtually.

### TAKE YOUR KIDS TO WORK DAY

On Thursday, November 7 the grade 9 students have the option to participate in Take Our Kids to Work Day. Important information was emailed to the grade 9 parents/guardians by your child’s homeroom teacher regarding the schedule change.

### PARENT TEACHER INTERVIEWS

PTIs are Wednesday, November 6 and 7 from 4pm - 7pm with a hybrid format of in-person and virtual options. Please sign up with your homeroom teacher.

### REMEMBRANCE DAY

Our school Remembrance Day Assembly is being held on Thursday, November 7 this year. A visual display will be set up at the front of the school during the first week of November to help the school community reflect on why we pause for Remembrance Day.

\*\* Please note: Remembrance Day ceremony is for students and staff only due to space limitations.

### HOT LUNCH

To order, open or create your account, visit our [website](#).

Nov. 1 – Dairy Queen	Nov. 7 – Edo Japan	Nov. 22 – Jack’s Drive-In
Booster Juice:	Tuesday Nov. 19	

### FALL BREAK

Our students and staff will be away enjoying Fall Break from November 8-17. Classes will resume for all students on November 18. Please take this time to relax and rejuvenate.

### IMMUNIZATIONS

AHS public health nurses will be on-site Tuesday, November 26 to administer regular childhood immunizations to Grade 6 students. Please note that consents remain valid until the series are finished. If you have questions or concerns, contact AHS at 780-968-4268.

### HOT DOG LUNCHESES ARE BACK!

Help support our grade 9 students fundraise for their trip to Quebec. Please submit your orders in [PowerSchool](#).

- Hot Dog Meal (includes 1 hot dog, juice box & a snack) - \$5.00
- Double Hot Dog Meal (includes 2 hot dogs, a juice box & a snack) - \$7.00

- October 31 - HALLOWEENIES (deadline to order is closed)
- November 20 - HOT DIGGITY DOGS (Closes Nov. 8)
- December 10 - DOUBLE (HOT) DOG DARE YOU! (Closes Dec. 5)
- January 15 - WINTER WEENIES (Closes Jan. 10)

**Please note there will be NO cash sales the day of.**

## ATHLETICS

The following calendar has information on the sports events in our school. *Please note that the dates and times sometimes change and any short notice changes will be communicated to your child by their coach.*

For more info on try-outs, practices and games scheduling, please see our [website calendar](#).

Broxton Park

## November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Sr Vball Playoffs	2
3	4 Sr Vball Finals	5	6	7	8 PD Day	9
10	11 Fall Break	12 Fall Break	13 Fall Break	14 Fall Break	15 Fall Break	16
17	18 Boys Bball Tryouts	19 Girls Bball Tryouts	20 Boys Bball Tryouts	21 Girls Bball Tryouts	22	23
24	25	26	27	28	29	30

## BROXTON SWAG

Ever wanted Broxton swag for your child or yourself? Now you can!

To order custom Fusion apparel to show your school spirit., please visit the [EBPS official online apparel store](#).

Link to order can also be found on our website. <https://broxtonpark.psd.ca/parents/fusion-apparel-store>

## STUDENT ABSENCES

We ask parents to always let us know when their child is going to be absent and the reason for the absence.

For your convenience, you can do this by emailing the school at [broxton@psd.ca](mailto:broxton@psd.ca).

Alternatively, you may also call the main office.

## STUDENT PICKUPS & MESSAGES

In order to support your child's learning and to minimize the number of classroom disruptions that occur throughout the day, please confirm your child's transportation home for the day with them prior to the start of the school day. Additionally, please arrive before or after recess and lunch hours if you require school staff to find your child, as this is difficult during recess. We do understand that sometimes situations arise that do not allow for pre-planning, but we appreciate your support.

## SCHOOL FEES

Please be sure to log in to your [Powerschool](#) Parent Portal regularly to check for any fees that need to be paid. Many fees such as field trips, options, and extra-curricular activities have been added, and there will be more to come. Your prompt attention to this is appreciated!

## DOGS AT SCHOOL

If you (or other family members/friends) are arriving on school grounds with a pet to drop off or pick up your child, we ask that you keep your distance from entrances and the bus lane. Leashed dogs and other animals can wait with you on the green space off school property. Thank you in advance for helping us make our school safe for students with allergies and fears of pets.

## THERE'S A CHILL IN THE AIR...

Please remind your child to dress accordingly when heading out the door for those cold, possibly wet and snowy November days! Only in the event of extreme cold (-23) or wet weather will the students remain indoors during recess.

## MUSIC EVENTS AND CONCERTS

On **Friday, November 22nd at Rogers Place** the Edmonton Oil Kings are playing and Broxton students in Grades 4 - 6 are invited to come sing as a fundraiser for the Music Department!

Please see the attached flyer for information on tickets and how to purchase them through PowerSchool. *You do NOT need to print/return this form.* This is an awesome fundraiser for our Music Department and we always have a great time at the game!

**EVERYONE IS WELCOME TO ATTEND**, whether your child is singing or not, including people outside of our Broxton community (your friends, families, coworkers, etc).

*Special requirements for seating?* (e.g. handicapped seating, seating groups together) Please send your questions to Mme Erin Iampen at [erin.iampen@psd.ca](mailto:erin.iampen@psd.ca) as she will be transferring your tickets to you once **sales close on Nov. 7th**. Our seats will all be in one area of the bowl so your friends and family will be in the same general area of Rogers Place.

*Questions about students singing?* Mme Brophy and Mme Iampen will be contacting families separately about singing pregame music from the on-ice stage (Grades 4 - 6).

**ÉCOLE BROXTON PARK SCHOOL**  
Join your school community along with family and friends at Rogers Place for an Edmonton Oil Kings game!

**ÉCOLE BROXTON PARK SCHOOL VS. MEDICINE HAT**  
FRIDAY, NOVEMBER 22  
vs. MEDICINE HAT at 7:00 PM

**\$25 PER TICKET**

**Come watch École Broxton Park School sing on the stage before puck drop!**

FOR MORE INFORMATION  
CONTACT CIARA LEBOEUF  
[CLEBOEUF@EDMONTONOILERS.COM](mailto:CLEBOEUF@EDMONTONOILERS.COM)  
780-409-5927

**ORDER FORM**  
ÉCOLE BROXTON PARK SCHOOL  
Please purchase your tickets by Thursday, November 7.

**Please make all payments in POWERSCHOOL**  
YOU MUST PROVIDE THE EMAIL ADDRESS YOU WOULD LIKE YOUR ELECTRONIC TICKETS EMAILED TO

**December 16th** --> Rings Roars and Riffs: A Dinosaur Concert. Performances from Kindergarten, Grade 1, Beginner Band, Concert Band and Senior Handbells

**December 17th** --> Warm & Fuzzy Frequencies: A Cozy Night of Music. Performances from grades 2, 3, 4, 5 & 6



# Every minute counts

Good time keeping benefits your child's healthy morning routine and prevents loss in their learning.



Your child has arrived in good time.



Morning routine begins.



Your child has missed their time to settle and get ready to learn. Anxiety may be setting in.



Your child will enter the classroom and students will have already gone over today's schedule and discussions will have begun.



The day's lessons are in full swing. Your child is now starting the day in a deficit. Anxiety can develop, leading to low participation or heightened emotions.

**Better late than never, but never late is better!**



## Attendance Matters



**A 90% attendance rate means you're chronically absent.**

It's equivalent to missing one month of learning in a year.

Absences reduce your chances of academic success and can negatively impact your mental well-being.

**Attend today, achieve tomorrow.**







# Counsellor's Corner



As we approach November, I wanted to take a moment to highlight an important occasion that encourages us all to spread joy and positivity—World Kindness Day, which falls on November 13th.

World Kindness Day is a wonderful reminder of the power of kindness and the impact it can have not only on our children's development, but within our community. It's a day dedicated to celebrating and promoting acts of kindness (big and small!). Whether it's an extra hug or high-five before leaving home, a positive affirmation you choose for the day, or the choice to lend a helping hand to someone in need, each act contributes to a more compassionate and healthy community.

It can be easy to forget the importance of intentional kindness. This year, let's encourage our children to embrace kindness not just on this day, but every day. Here are a few ideas to get started:

- 1. Acts of Kindness:** Encourage your children to think of one kind act they can do for someone else. This could be helping a friend, writing a kind note, or even just saying "thank you.". As an adult, modelling this behavior can help your child with social perspective taking, creating compassion, and support the development of important social skills.
- 2. Share Stories:** Have family discussions about kind acts you've witnessed or experienced. Talk about how it made you feel to be kind, and how it made you feel to be on the receiving end of kindness. Consider reading "How Full is Your Bucket?" as a family!
- 3. Celebrate Together:** Plan a family activity on November 13th to celebrate kindness—perhaps baking cookies for neighbors, raking up someone else's leaves, writing a kind note to someone who may need it, or emphasizing the importance of self-care and self-love by choosing a kind act you can do for yourself!

Thank you for your continued support in fostering a culture of kindness within our community. Wishing you all a wonderful World Kindness Day!

Warmly,  
Mme Macy





**PARKLAND**  
SCHOOL DIVISION

# Stronger Together

A monthly newsletter with information to help you and your family navigate your child's educational journey.

**November 2024**

## What's Inside

- Stronger Families-Addiction and Teen Drug Use 1
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## Strong Families- ADDICTION AND TEEN DRUG USE



Click images for link

### WHEN:

Thu, Nov 28, 2024 6:00 PM - 7:30 PM MST

### WHERE:

Parkland School Division - Division Office

You may attend this session virtually over Zoom OR in-person at the Parkland School Division Centre for Education office ( 4603 48 Street in Stony Plain)

## Contact Us

### Fristy Thomas

Family Support Coordinator

e: [Fristy.thomas@psd.ca](mailto:Fristy.thomas@psd.ca)

p: 780-963-8412

### Tracy Power

Family Support Coordinator

e: [tracy.power@psd.ca](mailto:tracy.power@psd.ca)

p: 780-963-8412

### TO REGISTER:

<https://www.eventbrite.ca/e/strong-families-addictions-and-teen-drug-use-tickets-1010813639807?aff=ebdssbdestsearch>



Alberta Parenting  
for the  
Future Association



NOVEMBER( burr )

Welcome November!

“May this month be as comforting as a warm blanket”- Unknown

Winter clothing for children, families, and adults: coats, mitts, toques, scarves, snow pants, winter boots including adult insulated work boots.

Monday - Friday 9:00 a.m. - 4:00 p.m.

Located at the Family Connection Centre (FCC) 5600-50 Street, Stony Plain.

Call 780-963-0549 or visit [www.apfa.ca](http://www.apfa.ca) for more information.



**Coats for Kids & Families**

We accept clean, gently used, or new winter outerwear for men, women, and children in need.

**ITEMS ACCEPTED**

- Winter coats
- Infant winter wear
- Toques, mitts, and scarves
- Snow pants (all sizes)
- Winter boots
- Insulated work wear - men's and women's
- Insulated work boots

**Keeping our community warm.**

Collecting items **October to February**

If you're in need of winter wear call or text 211

Thanks to our sponsors:

**DO LOCAL GOOD**  
For more information or to donate online, please visit [coatsforkidsandfamilies.ca](http://coatsforkidsandfamilies.ca)



NOVEMBER 11TH 2024

# REMEMBRANCE DAY SERVICE



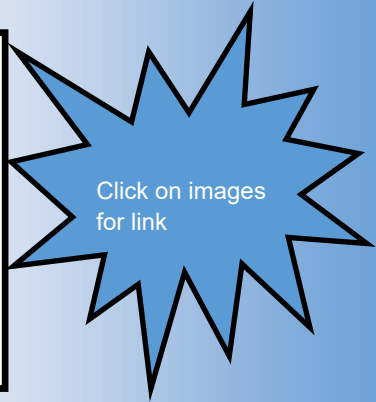
Join us to remember and honour those who served, those who continue to serve, and those who made the ultimate sacrifice to defend our country. The Royal Canadian Legion Branch 281, in partnership with the City of Spruce Grove, organizes and hosts the annual Remembrance Day service.

**When:** Monday, November 11, 2024. Please be seated by 10:15 a.m.

**Where:** South Field inside the TransAlta Tri Leisure Centre, 221 Jennifer Heil Way

Remembrance Day Service  
 The Pavilion at Heritage Park Spruce Grove  
 Monday November 11th 2024  
 10:00 am—1:00 pm

All are invited to join us for the Remembrance Day Service to honour and remember Canada's Veterans. The service starts at 10:40 am please arrive at the Pavilion by 10:15 am.







The Buddy Up Campaign



**New Suicide Crisis Helpline**

**9-8-8**

People anywhere in Canada can now call or text 9-8-8 to access bilingual, trauma-informed, and culturally appropriate suicide prevention and emotional distress support 24/7/365.

For more information, visit <https://988.ca>


**This is a men's suicide prevention campaign:**  
 A call to action for men, by men, to drive authentic Conversation amongst men and their buddies.  
 This is suicide prevention.  
 Participate in the campaign year-round,  
 Completing activities that promote connection and wellbeing.

Movember is an annual event involving the growing of moustaches during the month of November to raise awareness of men's health issues, such as prostate cancer, testicular cancer, and men's suicide.  
[ca.movember.com](http://ca.movember.com)



**MEN'S HEALTH AWARENESS MONTH**

Through awareness, education and accessible resources, we can combat the stigma surrounding men's mental health



Fall Break in Parkland County

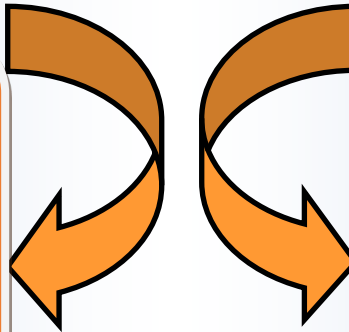


**FALL CAMPS BREAK**

November 12th—15th 2024

-3 hour camp ( ages 3– 5 years )  
 ( 7 hour ) ( ages 6—12 years ) full  
 day camp, pre and post care camp,  
 PD day camp

[https://registration.trileisure.com/  
 TRILEISURE/  
 public/  
 category/](https://registration.trileisure.com/TRILEISURE/public/category/)


This multi-activity experience combines the best parts of our Adventure and Art Explorer summer camps wrapped up into four days. Participants will stay active with outdoor experiences, explore a variety of art mediums, meet new friends, and go on field trips!

**Dates:** November 12 - 15 (Tuesday - Friday)  
**Time:** 9 a.m. - 4 p.m.  
**Ages:** 6-12  
**Location:** Border Paving Athletic Centre, #100-9 Tri Leisure Way, Spruce Grove  
**Program Fee:** \$180

**TO REGISTER:**  
 ONLINE: [SPRUCEGROVE.ORG/ONLINEREG](http://SPRUCEGROVE.ORG/ONLINEREG)  
 BY PHONE: 780-982-7652  
 IN PERSON: BORDER PAVING ATHLETIC CENTRE, 9 TRI LEISURE WAY

For more information visit: [sprucegrove.org/SchoolBreakCamp](http://sprucegrove.org/SchoolBreakCamp)

Drop in/Drop off activities for Youth  
 In Parkland County– Parkland County  
 Family and Community Support Services

Funded by:  
 Parkland County  
 Family and Community Support Services



**SCAN ME!**

## Parkland Village Youth Group

For youth in grades 4 through 7



*besties*

Parkland Village Community Centre  
 60 Parkland Gate Rd

Each week the group will cook together and participate in fun and engaging physical activities meant to support lifelong health! Join at any time throughout the year by scanning the QR code.

Wednesdays  
 4:30 - 6 PM  
 Beginning Sept. 11

Drop in/ Drop off activities for youth in Parkland County  
 -APFA-Alberta Parenting for the Future Association



## Youth Night

For youth ages 11 - 17

Join us  
**OCTOBER 3rd, 17th, and 31st**



4 - 6pm  
 Family Connection Centre  
 5600 50th St, Stony Plain

Learn new life skills while building relationships and connecting with your peers!  
 This is a safe and welcoming space that is supported through an indigenous worldview.

**SCAN QR CODE TO REGISTER**




**Community Empowered - Special Community Event for Family Violence Prevention Month**

Join us for a special community event for Family Violence Prevention Month 2024, **hosted by the Tri-Region Municipal Collaborative**. View screenings of three amazing short films followed by a panel discussion including lived-experience, Indigenous, ACWS, and Crown representation. Together we can better support people affected by family violence in our community.

**DOORS OPEN AT 6 PM**

**By ALBERTA COUNCIL OF WOMEN'S SHELTERS :  
Wednesday, 20 November 2024 from 6:30 PM (PST) to 8:30 PM (PST) Landmark Cinemas 130 Century Crossing, Spruce Grove, AB T7X 0C8**

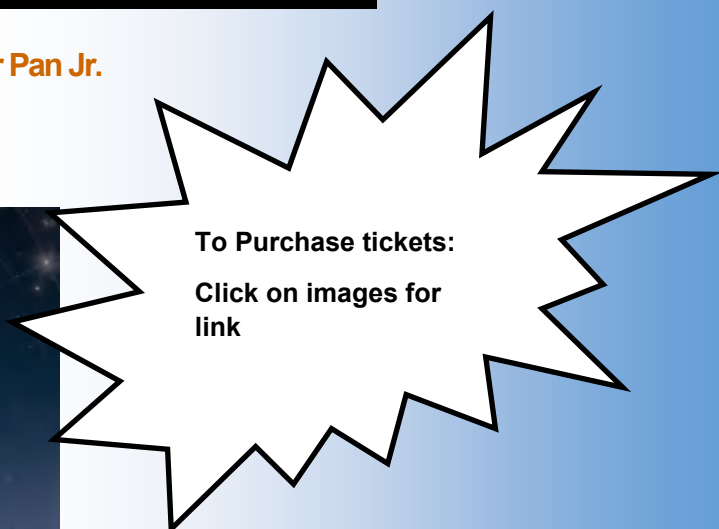
**Disclaimer:** A list of registrants will be provided to the event host (The Town of Stony Plain) to confirm registration at the event.

**Audience: +18 - Mature subject matter** This event is also a fundraiser for the [Alberta Council of Women's Shelters \(ACWS\)](#). Please consider making a donation when you register.



**Horizon Players' Youth Production of Peter Pan Jr.**

**NOVEMBER 21st-23rd, 7:30 pm**







## LIGHT UP CENTRAL PARK

The City of Spruce Grove gets into the Holiday spirit on Saturday, **November 30, 2024** with Light Up in Central Park. The fun starts at 3:00 with free hot chocolate and hot dogs, cookie decorating, family activities, crafts, live choirs, and more. Then join the countdown for the Light Up at 5:30 pm followed by an outdoor disco party in the park and free public skating in the Agrena!



**When: Saturday, November 30, 2024**  
**Time: 3:00 pm – 6:30 pm**  
**Where: Central Park & Agrena**  
**Address: 450 King Street, Spruce Grove**  
**Website: [www.sprucegrove.org](http://www.sprucegrove.org)**



### Snow Removal Subsidy Program

**Parkland County** has funding support available to residents with disabilities for snow removal from their private driveways. More information and application available on line.

**Parkland County**  
**Snow Removal Subsidy Program**  
**c/o Parks, Recreation & Culture**  
**53109A HWY 779, Parkland County,**  
**AB T7Z 1R1**



**SPRUCE GROVE & EAST PARKLAND  
2024 CHRISTMAS HAMPERS**



**November 1<sup>st</sup> 2024- Register with the Parkland Food Bank: Call 780-962-4565**

**Closing date: December 14<sup>th</sup> 2024**

**Pick up time and location: To be discussed when you register**

**Hamper request line: 780-962-4565**

**Monday -9:00 am – 2:00 pm**

**Tuesday -9:00 am – 4: 00 pm**

**Wednesday -9:00 am – 8:00 pm**

**Thursday – 9:00 am – 2:00 pm**

**Friday -9:00 am – 4:00 pm**

**Saturday 9:00 am – 12:00 pm**



**PARKLAND COUNTY COLD WEATHER SUPPORT**

**Stay Warm**  
When the temperature drops, there is a serious risk of harm. Please seek out warm spaces.

**Warm Up Locations**

<b>Westview Health Centre</b> 4405 S Park Drive, Stony Plain 8PM - 9AM (Nightly) <i>*Please register with security</i>	<b>Stony Plain Public Library</b> 5216-50 Street, Stony Plain 9AM - 8PM (Monday-Friday) 11AM-4PM (Saturday)
<b>St. Matthew Lutheran Church</b> 5021-52 Avenue, Stony Plain 9AM - 3PM (Monday - Thursday)	

**Call 911 to access Emergency Services**

**TOWN OF STONY PLAIN**  
Stony Plain Community and Social Development,  
#107, 4513-52 Ave, Stony Plain AB T7Z 1E7  
[www.stonyplain.com/csd](http://www.stonyplain.com/csd) 780-963-8563

**211**  
24-hour information and referral line connecting you to social, health and government services.

**COMMUNITY HOMELESS WINTER EMERGENCY RESPONSE**

**The Community Homeless Winter Emergency Response is a joint effort between the City and several community partners to provide a place for unsheltered people to escape the cold winter weather.**

**The Winter Emergency Response (WER) is a temporary, emergency cold weather response intended to mitigate risk for unsheltered people who are vulnerable to serious, critical, or potentially fatal health impacts as a result of cold weather exposure. It runs annually from November 1 to March 31 and is a collaboration between several Tri Region partner organizations, including the City of Spruce Grove.**



Community Events

Métis Week Celebrations  
November 12th –18th  
2024



### Community Round Dance

*In the Spirit of Bringing Communities Together*

**Saturday, November 16, 2024** 1:00 PM - 8:00 PM

**Jubilee Hall (5132 53 Ave, Wabamun AB, T0E 2K0)**

#### EVENT DETAILS

- Everyone welcome.
- Transportation available.
- **Pipe Carrier:** Howard Mustas
- **Emcee:** Al Crawford
- **Stickman:** Nathan Pahtaykan
- **Drummers have been invited**
- **Feast:** 1:00pm
- **Round Dance:** 2:00pm- 8:00pm

**Sober event.**

Photo courtesy of The Town of Stony Plain

For more information, email [fcss@parklandcounty.com](mailto:fcss@parklandcounty.com) or scan the QR code.



## CELEBRATE MÉTIS HISTORY AND CULTURE

Join us for a family-friendly evening of learning and entertainment featuring Métis musicians and food.

**November 14th**  
**5 - 7pm**  
**Family Connection Centre**  
**5600 50th St, Stony Plain**

**GRAB YOURS! THE FIRST 100 PEOPLE GET A GOODY BAG!**

Scan QR code for more information



**Senior Connect is a free, online training program that teaches residents how to recognize and respond to seniors in need.**

### TriRegion SeniorConnect

Register for free online training!  
Learn how to recognize and respond to seniors in need.

For more information:  
Spruce Grove 780-962-7618  
Stony Plain 780-963-8583

Logos for Town of Stony Plain, City of Spruce Grove, and Parkland County.



# Tri-Municipal Region Support Guide

## I NEED TO TALK TO SOMEONE NOW (24H)

- Distress Line ..... 780-482-4357(HELP)
- Addiction Helpline ..... 1-866-332-2322
- Child Mental Health (8am-11:45pm) ..... 780-407-1000
- Kids Help Phone ..... 1-800-668-6868
- Bullying Helpline ..... 1-888-456-2323
- BriteLine (for 2SLGBTQIA+) ..... 1-844-702-7483
- Seniors Abuse Helpline..... 780-454-8888
- Family Violence Info Line..... 310-1818
- Sexual Assault Centre (9am-9pm)..... 780-423-4121
- First Nations & Inuit Mental Health  
Hope for Wellness ..... 1-855-242-3310
- National Indian Residential School Crisis Line  
..... 1-866-925-4419
- MMIWG Helpline..... 1-844-413-6649

## I NEED IMMEDIATE HELP **Call 911**

- Emergency Financial Assistance .. 780-644-5135  
Access 24/7 (Adults)
- Addictions & Mental Health ..... 780-424-2424
- Child Intervention Services ..... 780-422-2001
- Children’s Cottage Childcare ..... 780-944-2888

## I NEED HEALTH INFORMATION

- Health Link Alberta (24/7) ..... 811

## I DON'T EVEN KNOW WHERE TO START?



**24-hour** information and referral line connecting you to social, health and government services.



**www.HelpSeeker.org**  
Get the app on your phone to find local supports and resources.

## HELP FOR HARD TIMES TRI-REGION SUPPORT GUIDE

**Spruce Grove FCSS**  
#105 - 505 Queen Street  
Spruce Grove, AB  
**780-962-7618**

**Town of Stony Plain**  
Community and Social Development  
#107, 4613 - 52 Avenue  
**780-963-8583**



## WHERE CAN I FIND A SAFE PLACE TO SLEEP AT NIGHT?

- George Spady (men, women) ..... 780-424-8335
- Women’s Emergency  
Accommodation Centre ..... 780-423-5302
- Hope Mission (ages 16+, men, women).... 780-422-2018
- Youth Empowerment &  
Support Services (YESS)..... 780-468-7186
- Salvation Army (Transitional Housing, \$13/day)  
..... 780-429-4274

## I NEED A DOMESTIC VIOLENCE SHELTER

- Alberta Council of Women’s Shelters  
24/7 ..... 1-866-331-3933

## I NEED DETOX SUPPORT

- George Spady..... 780-424-8335
- AHS Detox Centre ..... 780-427-4291
- Youth Edmonton Detox..... 780-408-8783

## I NEED A SAFE CONSUMPTION SITE

- George Spady Centre..... 780-424-8335
- Boyle McCauley Health Centre.... 780-422-7333

## I NEED HELP WITH MENTAL HEALTH AND/OR ADDICTIONS

- Access 24/7 Adult Addictions/Mental Health 780-424-2424
- Youth Addiction Services ..... 780-408-8783
- Access Open Minds (youth 16-25)..... 780-415-0048
- Child and Adolescent  
Mental Health Services ..... 825-402-6799
- WestView PCN Youth  
Mental Health Clinic (ages 11-24) ..... 780-960-9533

## I NEED HELP WITH BASIC NEEDS

- NeighbourLink Parkland ..... 780-960-9669
- Community Helps Team ..... 780-962-5611
- Pay Forward Kindness  
(homeless supports)..... 587-286-4663
- Parkland Pregnancy Support Centre  
(Tue & Thurs 12-3pm)..... 780-962-5505

## WHERE CAN I FIND FOOD?

- Parkland Food Bank ..... 780-962-4565
- WeCan Food Basket..... 587-338-1101

## WHERE CAN I FIND A COMMUNITY MEAL?

- Auggies Café (Take out, Tues 11AM-1PM)  
131 Church Rd, Spruce Grove..... 780-962-5131
- Food for the Soul (1<sup>st</sup>, 3<sup>rd</sup> Sat 10AM-1PM)  
49 Boulder Blvd., Stony Plain ..... 780-963-3110
- Grace’s Table (2<sup>nd</sup> Fri 5-6:30PM)  
250 Century Road, Spruce Grove ..... 780-962-4700
- Community Table (last Fri 5-7PM)  
180 Century Road, Spruce Grove ..... 780-962-5611
- apfa Food Rescue Community Fridge  
(M-F 8:30-4PM) 5600-50 Street, Stony Plain ..... 780-963-0549