

PURDYS ORDERS

Pickup is tentatively scheduled for Monday, December 16th between 8:00am - 3:30pm at the school. If you are unable to pick your order up that day, please contact Carrie Trueman <u>carrietrueman@telus.net</u> to make alternate arrangement. Thank you to the wonderful parent volunteers who help place, sort and distribute the chocolates.

HOT LUNCH

Round 3 opens December 9 and closes December 20. To order, open or create your account, visit our website.

Dec. 6 – Subway	Dec. 13 – Hash The Browns	Dec. 20 – Pizza 73	
Booster Juice:	Wednesday Dec. 4	Tuesday, Dec. 17	

UPCOMING MEETINGS

FIMESPAF: Wednesday, December 4 at 6:00 pm

School Council: Wednesday, December 4 at 6:30 pm

Meetings will be held in person in the library learning commons and virtually. Links can be found on our website calendar.

STUDENT ABSENCES

We ask parents to always let us know when their child is going to be absent and the reason. For your convenience, you can do this by emailing the homeroom teacher and the school at <u>broxton@psd.ca</u>. Alternatively, you may also call the main office.

SCHOOL FEES

Now that the school year is well underway, many of your child's school fees have been loaded onto their accounts. Please be sure to log into your <u>Powerschool Parent Portal</u> and make sure any outstanding fees are paid so that your child can continue to enjoy participating in things like field trips, options, and extra-curricular activities. Thank you!

PICTURE ORDERS

Don't forget to order this year's school pictures at <u>my.lifetouch.ca</u> and enjoy 10% off your order! Use code: F2410OFF. Expires July 31, 2025.

JOYEUSE FÊTES

Winter break starts Monday, December 23 and we look forward to seeing you back on Monday, January 6.

BROXTON SWAG

To order custom Fusion apparel to show your school spirit, please visit the <u>ÉBPS official online apparel store</u>. Link to order can also be found on our website. <u>https://broxtonpark.psd.ca/parents/fusion-apparel-store</u>

ATTENDANCE

As the colder weather hits and cold and flu season is upon us, please remember school attendance is one of the biggest predictors of student success. Less than 90% attendance is chronic absenteeism and contributes to student stress, anxiety as they miss learning and have to catch up, and feelings of being left out of what's happening in the classroom. This makes being at school when you are well so important so those sick days don't have a large negative impact on student learning.

ATHLETICS

The following calendar has information on the sports events in our school. *Please note that the dates and times sometimes change and any short notice changes will be communicated to your child by their coach.* For more info on try-outs, practices and games scheduling, please see our <u>website calendar</u>.

Broxton Park

December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Sr BBall Seeding Games Sr Boys Practice 3:15-4:45pm Jr Boys Practice 3:15pm-4:45pm	3 Sr BBall Seeding Games Sr Girls Practice 7:30am Jr Girls Practice 3:15pm-4:45pm	4 Sr BBall Seeding Games	5 Sr BBall Seeding Games Sr Boys Practice 7:30am Sr Girls 3:15-4:45pm	6	7
8	9 Jr Bball Seeding Game Sr Boys Practice 3:15-4:45pm Jr Boys Practice 3:15pm-4:45pm 16 Xmas Concerts - NO PRACTICE IN LARGE GYM Jr Boys Practice	10 Jr Bball Seeding Game Sr Girls Practice 7:30am Jr Girls Practice 3:15pm-4:45pm 17 Xmas Concerts - NO PRACTICE IN LARGE GYM Jr Girls Practice	11 Jr Bball Seeding Game	12 Sr Bball tournament @STA Jr Bball Seeding Game Sr Boys Practice 7:30am Sr Girls 3:15-4:45pm 19 Sr Boys Practice 7:30am	13 Sr Bball tournament @STA 20	14 Sr Bball tournament @STA
22 29	3:15pm-4:30pm 23 Xmas Break 30 Xmas Break	3:15pm-4:30pm Sr Girls Practice 7:30am 24 Xmas Break 31 Xmas Break	25 Xmas Break	Sr Girls 3:15-4:45pm 26 Xmas Break	27 Xmas Break	28

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FUSION FAMILY SERIES PRESENTS

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Come and discuss numeracy results, strategies we are implementing and ways to support your students

DECEMBER 11, 5-6 PM TARGET AUDIENCE IS GRADES 5-9 PARENTS

We know that not only skills but habits are built early that impact our students numeracy success. We will focus on strategies being implemented in Junior High to meet student needs and study structures. This is great information for parents of students who will be entering Junior High in the coming years and current Junior High parents.



Tips for helping your kids keep their cool this pecember

COUNSELLING

As we approach the bustling month of December, we understand that it can be an exciting (but sometimes overwhelming) time for children and families. The combination of holiday festivities, school events, and the colder weather can create a whirlwind of activity, which may leave our children feeling overstimulated or stressed.

As caregivers, we play a crucial role in helping our children navigate these busy times with a sense of calm. Here are a few tips that can support your efforts to help your kids "keep their cool" this month:

1. <u>Create a Routine</u>: Try to stick to regular sleep, meal, and homework times to help children feel grounded. Predictability can reduce anxiety and allows your child to better cope with changes around them.

2. Encourage Mindful Moments: This season can be full of excitement, but it's also important to take time for quiet moments. Encourage your child to engage in calming activities - check out the clickable links in the section belowfor specific examples.
 3. Limit Over-Scheduling: Prioritize the events that matter most to you commily, and leave room for downtime. Sometimes the best memories are made in quiet moments!
 4. Stay Open to Emotions: Holidays and breaks from school can bring up a mix of emotions for kids, from excitement to frustration. Be sure to acknowledge their feelings and provide a safe space for them to express themselves. Offering reassurance and listening to their concerns can help them process any stress they may be experiencing.

Thank you for your continued partnership in supporting our children's growth and wellbeing. We wish you and your family a joyful and calm holiday season!

- Pop up a cozy winter scene on youtube (<u>like this one</u>) and let your kids <u>colour</u> for some mindful relaxation time
- Try this <u>Christmas Kindness Booklet</u> from School of Kindness
- Get outside using the "active for life" <u>printable advent</u> <u>calendar</u>

STAY WARM, :) MME MACY

2024

 do you, your children, or your partner have symptoms or diagnoses of ADHD? Check out APFA's <u>ADHD Caregiver Support Group</u> the last Wednesday of every month

- <u>Triple P Parenting</u> or <u>Triple P Parenting Teens</u>, including <u>Triple P Transitions</u> for caregivers parenting through divorce or separations, is an amazing program available for free to ALL Albertan parents - take it online at your own pace
- learn about "Building Executive Functioning Skills

 Supporting Success in Learning" on <u>December</u>
 <u>2nd</u> and <u>December 9th</u>
- enhance yours and your child's social-media literacy by <u>watching this online series</u> together

Purchasing new tech devices for your kids this holiday season? Consider sitting down with them to create an <u>"Ethics Manual</u>" around responsible tech usage We will be collecting items for the Food Bank until December 18 at École Broxton Park School



Donate Online



Fast Facts

- · 900 Household visits per month
- \$200,000 of food in hampers monthly
- 1 in 3 served are children
- 1 in 4 households are fully
- employed
- Serving the Tri-Region

Needed Items

- Canned Fruit
- Canned Vegetables
 Whole Wheat Pasta
- Peanut Butter
- Brown Rice
- Canned Fruit
- 100% Juice
- Whole Grain Cereal
 Coffee/Tea
- Flour

- Pasta Sauce
- Whole Grain Crackers
- Canned Meals
- Canned Fish & Meat
 Dried Sidedishes
 - Oatmeal

 - Baby Food/Formula
 - Diapers



LEARN TO SKATE

TRIAREASKATINGCLUB.COM

Online Registration opens December 18 @ 9am

Contact: info@triareaskatingclub.com or 780-201-8558



The TRI AREA SKATING CLUB is proud of its history of providing quality skating instruction. A variety of skating lessons are available by fully certified professional coaches with group or personalized training.

The Tri Area Skating Club is dedicated to the principle of enabling skaters to participate in skating throughout their lifetime for fun, fitness and achievement.

Ages 3+

January 10 - March 24, 2025

Our Vision:

We are a family-valued skating club, focused on developing the best skaters



Silent Auction

DECEMBER 16 & 17 4:30 PM - 6:30 PM

A Fundraiser for the 2025 Grade Nine Quebec Trip

BEFORE, DURING AND AFTER CHRISTMAS CONCERTS

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We invite you to support the Grade 9 class of 2025 Quebec Trip Fundraiser.

Tuesday, December 10th We double (hot)dog dare you!

\$5.00 Lunch 1 hot dog, 1 juice box, 1 snack/treat

\$7.00 Double-Dog-Dare-You Lunch 2 hot dogs, 1 juice box, 1 snack/treat

Deadline for purchase on Powerschool is Dec. 5